

Breads

White Sandwich Bread

Water, White Rice Flour, Whole Eggs, Tapioca Starch, Potato Starch, Cellulose, Sugar, Sunflower and/or Canola Oil, Yeast, Dextrose, Glucono Delta Lactone, Sodium Carboxy Methylcellulose, Salt, Pea Protein, Mono and Diglycerides, Sodium Bicarbonate, Vitamin Blend(Thiamine, Vitamin B2, Niacin, Folic Acid, Iron), Sodium Stearayl Lactylate

Breads

Brown Sandwich Bread

Water, White Rice Flour, Whole Eggs, Potato Starch, Brown Rice Flour, Tapioca Starch, Cellulose, Sugar, Sunflower and/or Canola Oil(), Yeast, Flax Seeds, Dextrose, Pea Protein, Glucono Delta Lactone, Sodium Carboxy Methylcellulose, Pea Fibre, Salt, Mono and Diglycerides, Sodium Bicarbonate, Caramel colour, Sodium Stearoyl Lactylate, Vitamin Blend(Thiamine, Vitamin B2, Niacin, Folic Acid, Iron)

Breads

Many Wonder Multigrain Rice Bread

Water, White Rice Flour, Whole Eggs, Potato Starch, Pea Starch, Sunflower and/or Canola Oil, Tapioca Starch, Brown Rice Flour, Honey, Yeast, Pea Fibre, Sugar, Pea Protein, Rice Bran, Sodium Carboxy Methylcellulose, Flax Meal, Flax Seeds, Salt, Molasses, Vitamin Blend(Thiamine, Vitamin B2, Niacin, Folic Acid, Iron), Cinnamon, Caramel Color

Breads

Tapioca Rice Bread

White Rice Flour, Water, Tapioca Starch, Whole Eggs, Sugar, Poly Dextrose, Sunflower and/or Canola Oil, Dextrose, Yeast, Pea Protein, Sodium Carboxy Methylcellulose, Salt, Vitamin Blend(Thiamine, Vitamin B2, Niacin, Folic Acid, Iron)

Breads

Raisin Tapioca Rice Bread

White Rice Flour, Water, Raisins, Tapioca Starch, Whole Eggs, Sugar, Poly Dextrose, Yeast, Sunflower and/or Canola Oil, Dextrose, Pea Protein, Sodium Carboxy Methylcellulose, Salt, Vitamin Blend(Thiamine, Vitamin B2, Niacin, Folic Acid, Iron), Vanilla Flavor

Breads

Cheese Tapioca Rice Bread

Water, White Rice Flour, Whole Eggs, Tapioca Starch, Potato Starch, Sugar, Sunflower and/or Canola Oil(), Cheddar Cheese(Modified Milk Ingredients, Bacterial Culture, Salt, Calcium Chloride, Microbial enzyme, Colour), Yeast, Dextrose, Glucono Delta Lactone, Sodium Carboxy Methylcellulose, Salt, Poly Dextrose, Sodium Bicarbonate, Pea Protein, Vitamin Blend(Thiamine, Vitamin B2, Niacin, Folic Acid, Iron)

Breads

Robins Honey Brown Rice Bread

Water, Brown Rice Flour, Tapioca Starch, White Rice Flour, Honey, Sunflower Oil and/or Canola Oil(), Yeast, Sodium Carboxy Methylcellulose, Rice Bran, Glucono Delta Lactone, Salt, Molasses, Sodium Bicarbonate, Vitamin Blend(Thiamine, Vitamin B2, Niacin, Folic Acid, Iron)

Breads

Italian White Tapioca Rice Bread

Water, White Rice Flour, Whole Eggs, Tapioca Starch, Potato Starch, Sugar, Yeast, Sunflower Oil and/or Canola Oil, Dextrose, Glucono Delta Lactone, Sodium Carboxy Methylcellulose, Salt, Poly Dextrose, Sodium Bicarbonate, Pea Protein, Vitamin Blend(Thiamine, Vitamin B2, Niacin, Folic Acid, Iron)

Breads

Sunflower Flax Rice Bread

Water, White Rice Flour, Brown Rice Flour, Sunflower Oil and/or Canola Oil(), Sunflower Seeds, Yeast, Flax Seeds, Sugar, Flax Meal, Sodium Carboxy Methylcellulose, Salt, Glucono Delta Lactone, Sodium Bicarbonate, Vitamin Blend(Thiamine, Vitamin B2, Niacin, Folic Acid, Iron)

Breads

Festive Bread

Water, White Rice Flour, Whole Eggs, Bun Mix(Rutabaga, glucose-fructose, cornsyrup, citric acid, artificial colors[FDC Red40, FDC Yello 5, FDC Blue1], flavor, sodium benzoate, sulfur dioxide), Tapioca Starch, Potato Starch, Cranberries, Whey Powder, Sugar, Sunflower and/or Canola Oil, Yeast, Glazed Cherries (Cherries, corn syrup, glucose, fructose, sodium benzoate, citric acid, artificial flavor, color, sulphur dioxide CONTAINS SULPHITES), Honey, Raisin juice, Glucono Delta Lactone, Sodium Carboxy Methylcellulose, Molasses, Salt, Sodium Bicarbonate, Cinnamon, Spices

Free Of Wheat and Gluten - Always!
Free Of Casein
Free Of Yeast
Free Of Sugar
Free Of Soy
Free Of Eggs
Free Of Corn
Free Of Nuts
Free Of Potato

Ingredients Subject To Change Without Notice
Allergy Alert: Kinnikinnick Products are produced in a facility that uses Soy, Eggs and Sesame Seeds.
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Yeast Free Breads

Candadi Yeast Free Multigrain Rice Bread

Water, Brown Rice Flour, Tapioca Starch, Whole Eggs, White Rice Flour, Sunflower and/or Canola Oil, Sodium Carboxy Methylcellulose, Glucono Delta Lactone, Rice Bran, Sunflower Seeds, Flax seeds, Sodium Bicarbonate, Salt, Vitamin Blend(Thiamine, Vitamin B2, Niacin, Folic Acid, Iron)

Yeast Free Breads

Yeast Free Tapioca Bread

Water, White Rice Flour, Whole Eggs, Tapioca Starch, Potato Starch, Cellulose, Sugar, Sunflower and/or Canola Oil, Dextrose, Glucono Delta Lactone, Sodium Carboxy Methylcellulose, Salt, Sodium Bicarbonate, Pea Protein, Mono and Diglycerides, Vitamin Blend(Thiamine, Vitamin B2, Niacin, Folic Acid, Iron), Sodium Stearayl Lactylate

Buns

Tapioca Rice English Muffins

Water, White Rice Flour, Egg Whites, Tapioca Starch, Potato Starch, Sugar, Yeast, Sunflower Oil (may contain Sunflower and/or Canola Oil()), Poly Dextrose, Dextrose, Sodium Carboxy Methylcellulose, Salt, Pea Protein, Vitamin Blend(Thiamine, Vitamin B2, Niacin, Folic Acid, Iron)

Buns

Tapioca Rice Hot Cross Buns

Water, Bun Mix(Rutabaga, glucose-fructose, cornsyrup, citric acid, artificial colors[FDC Red40, FDC Yellow 5, FDC Blue1], flavor, sodium benzoate, sulfur dioxide), Raisins, White Rice Flour, Tapioca Starch, Potato Starch, Sunflower and/or Canola Oil, , Sugar, Inulin, Fructooligosaccharide, Glucono Delta Lactone, Whole Egg Powder, Dextrose, Pea Fibre, Sodium Bicarbonate, Egg White Powder, Rice Bran Extract, Sodium Carboxy Methylcellulose, Pea Protein, Salt, Fructose, Cinnamon, Spices

Buns

Tapioca Rice Hamburger Buns

Water, White Rice Flour, Tapioca Starch, Whole Eggs, Yeast, Cellulose, Sugar, Sunflower and/or Canola Oil, , Dextrose, Pea Protein, Sodium Carboxy Methylcellulose, Salt, Vitamin Blend, (Thiamine, Vitamin B2, Niacin, Folic Acid, Iron),

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Free Of Casein
Free Of Yeast
Free Of Sugar
Free Of Soy
Free Of Eggs
Free Of Corn
Free Of Nuts
Free Of Potato

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Buns

Tapioca Rice Hot Dog Buns

Water, White Rice Flour, Tapioca Starch, Whole Eggs, Yeast, Sugar, Sunflower and/or Canola Oil(), Dextrose, Pea Protein, Sodium Carboxy Methylcellulose, Salt, Vitamin Blend(Thiamine, Vitamin B2, Niacin, Folic Acid, Iron)

Buns

Tapioca Rice Tray Buns

Water, White Rice Flour, Whole Eggs, Tapioca Starch, Potato Starch, Cellulose, Sugar, Sunflower and/or Canola Oil, Yeast, Dextrose, Glucono Delta Lactone, Salt, Pea Protein, Sodium Carboxy Methylcellulose, Mono and Diglycerides, Sodium Bicarbonate, Vitamin Blend(Thiamine, Vitamin B2, Niacin, Folic Acid, Iron), Sodium Stearayl Lactylate

Mixes

Kinni-Kwik Bread & Bun Mix

White Rice Flour, Potato Starch, Pea Starch, Tapioca Starch, Sugar, Whole Egg Powder, Malto Dextrin, Poly Dextrose, Dextrose, Pea Protein, Glucono Delta Lactone, Egg White Powder, Fructooligosaccharide, Pea Fibre, Sodium Carboxy Methylcellulose, Cellulose, Sodium Bicarbonate, Rice Bran Extract, Inulin, Salt, Sodium Stearayl Lactylate, Fructose

Mixes

Pancake & Waffle Mix

Pea Starch, White Rice Flour, Corn Starch, Sugar, Tapioca Starch, Dextrose, Defatted Soy Flour, Whole Egg Powder, KinnActive Baking Powder, Inulin, Pea Protein, Pea Fibre, Fructose, Salt, Cream of Tartar, Sodium Bicarbonate, Sodium Carboxy Methylcellulose, Natural Flavour (from Rice), Guar Gum

Mixes

White Cake Mix

Sugar, Potato Starch, White Rice Flour, Sweet Rice Flour, KinnActive Baking Powder, Guar Gum, Salt, Pea Protein, Sodium Bicarbonate, Pea Starch, Pea Fibre

Mixes

All Purpose Mix

White Rice Flour, Tapioca Starch, Potato Starch, Sugar, Inulin, Fructooligosaccharide, Glucono Delta Lactone, Whole Egg Powder, Dextrose, Pea Fibre, Sodium Bicarbonate, Egg White Powder, Rice Bran Extract, Sodium Carboxy Methylcellulose, Pea Protein, Salt, Fructose

Mixes

Cookie Mix

Defatted Soy Flour, Potato Starch, Salt, Sodium Bicarbonate, KinnActive Baking Powder

Mixes

Muffin Mix

Potato Starch, White Rice Flour, Defatted Soy Flour, KinnActive Baking Powder, Salt, Guar Gum

Mixes

Pizza Crust Mix

Sweet Rice Flour, Tapioca Starch, Corn Starch, Sodium Carboxy Methylcellulose, Salt

Mixes

Angel Food Cake Mix

Sugar, Potato Starch, White Rice Flour, Cream of Tartar, Natural Flavour (from rice), Salt

Mixes

Cornbread and Muffin Mix

White Rice Flour, Corn Meal, Sugar, Maize Flour(Corn Flour, Lime), Defatted Soy Flour, KinnActive Baking Powder, Salt

Mixes

Kinni-Kwik Sunflower Flax Bread & Bun Mix

White Rice Flour, Potato Starch, Pea Starch, Tapioca Starch, Sugar, Sunflower Seeds, Flax Seeds, Whole Egg Powder, Malto Dextrin, Poly Dextrose, Dextrose, Pea Protein, Fructooligosaccharide, Egg White Powder, Glucono Delta Lactone, Pea Fibre, Sodium Carboxy Methylcellulose, Cellulose, Sodium Bicarbonate, Rice Bran Extract, Salt, Inulin, Sodium Stearayl Lactylate, Fructose

Mixes

Sponge Cake Mix

Potato Starch, Tapioca Starch, White Rice Flour, KinnActive Baking Powder, Salt, Cream of Tartar

Mixes

Candadi Yeast Free Rice Bread Mix

Brown Rice Flour, Tapioca Starch, White Rice Flour, Sodium Carboxy Methylcellulose, Rice Bran, Glucono Delta Lactone, Salt, Sodium Bicarbonate, Vitamin Blend(Thiamine, Vitamin B2, Niacin, Folic Acid, Iron)

Mixes

Crispy Chicken Coating Mix

Corn Meal, KinniKrisp Rice Cereal(Whole rice kernels, sugar, corn syrup, salt), Corn Starch, Tapioca Starch, White Rice Flour, Salt, Defatted Soy Flour, Dextrose, Paprika, Oregano, Sugar, Garlic, Thyme, Guar Gum

Mixes

Tapioca Rice Bread Mix

White Rice Flour, Tapioca Starch, Sugar, Poly Dextrose, Dextrose, Pea Protein, Sodium Carboxy Methylcellulose, Salt, Vitamin Blend(Thiamine, Vitamin B2, Niacin, Folic Acid, Iron)

Mixes

Chocolate Cake Mix

Sugar, Potato Starch, White Rice Flour, Cocoa Powder, Sweet Rice Flour, KinnActive Baking Powder, Guar Gum, Salt, Pea Protein, Sodium Bicarbonate, Pea Starch, Pea Fibre

Mixes

Pastry & Pie Crust Mix

White Rice Flour, Tapioca Starch, Corn Starch, Potato Starch, Defatted Soy Flour, Salt, Xanthan Gum, Sodium Carboxy Methylcellulose, Guar Gum

Breakfast Items

Cinnamon and Brown Sugar Homestyle Waffles

Water, Tapioca Starch, Pea Starch, White Rice Flour, Sunflower and/or Canola Oil(), Sugar, Whole Egg Powder, Brown Sugar, Inulin, Sodium Bicarbonate, Mono Calcium Phosphate, Cellulose, Pea Protein, Pea Fibre, Cream of Tartar, Cinnamon, Sodium Acid Pyrophosphate, Salt, Mono and Diglycerides, Fructose, Natural Flavour (from rice), Xanthan Gum

Breakfast Items

Original Homestyle Waffles

Water, Tapioca Starch, Pea Starch, White Rice Flour, Sunflower and/or Canola Oil(), Sugar, Whole Egg Powder, Brown Sugar, Inulin, Sodium Bicarbonate, Cellulose, Pea Protein, Mono Calcium Phosphate, Pea Fibre, Cream of Tartar, Sodium Acid Pyrophosphate, Salt, Mono and Diglycerides, Fructose, Natural Flavour (from rice), Xanthan Gum

Breakfast Items

KinniKrisp Rice Cereal

KinniKrisp Rice Cereal(Whole Rice Kernels, Sugar, Corn Syrup, Salt)

Baking & Cooking

Panko Style Bread Crumbs

Water, Tapioca Starch, Pea Starch, White Rice Flour, Sugar, Whole Egg Powder, Inulin, Sunflower and/or Canola Oil, Sodium Bicarbonate, Mono Calcium Phosphate, Cellulose, Pea Fibre, Cream of Tartar, Sodium Acid Pyrophosphate, Yeast, Salt, Xanthan Gum, Mono and diglycerides

Baking & Cooking

Graham Style Cracker Crumbs

Pea Starch, non Hydrogenated Shortening (Palm Fruit or Canola), Potato Starch, Brown Rice Flour, Brown Sugar, Sweet Rice Flour, Tapioca Starch, Water, Rice Bran, Sugar, Blackstrap Molasses, Honey, Inverted Sugar(), Vanilla Flavor, Salt, Sodium Bicarbonate, Pea Protein, Pea Fibre, Guar Gum, Inulin, Soy Lecithin, Mono Calcium Phosphate

Baking & Cooking

All Purpose Celiac Flour

White Rice Flour, Potato Starch, Tapioca Starch, Guar Gum, Sodium Carboxy Methylcellulose

Baking & Cooking

Bread Cubes

Water, White Rice Flour, Whole Eggs, Potato Starch, Sugar, Sunflower Oil and/or Canola Oil(), Yeast, Dextrose, Glucono Delta Lactone, Sodium Carboxy Methylcellulose, Salt, Poly Dextrose, Pea Protein, Sodium Bicarbonate, Vitamin Blend(Thiamine, Vitamin B2, Niacin, Folic Acid, Iron)

Baking & Cooking

Chocolate Cookie Crumbs

Cocoa Powder(processed with alkali), Icing Sugar(Powdered Sugar, May Contain 2-3% Corn Starch), Pea Starch, non Hydrogenated Shortening(Palm fruit or Canola), White Rice Flour, Water, Potato Starch, Tapioca Starch, Glucose, Pea Protein, Sodium Carboxy Methylcellulose, Salt, Pea Fibre, Vanilla Flavor, Guar Gum, Inulin, Sodium Bicarbonate, Soy Lecithin

Baking & Cooking

KinnActive Baking Powder

Sodium Acid Pyrophosphate, Sodium Bicarbonate, Pea Starch, Mono Calcium Phosphate

Baking & Cooking

White Rice Flour

White Rice Flour

Baking & Cooking

Sweet Rice Flour

Sweet Rice Flour

Baking & Cooking

Corn Meal

Corn Meal



Free Of Wheat and Gluten - Always! Free Of Casein Free Of Yeast Free Of Sugar Free Of Soy Free Of Eggs Free Of Corn Free Of Nuts Free Of Potato

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Baking & Cooking Potato Starch Potato Starch
Baking & Cooking Tapioca Starch Tapioca Starch
Baking & Cooking Rice Bran Rice Bran
Baking & Cooking Xanthan Gum Xanthan Gum
Baking & Cooking Guar Gum Guar Gum

Baking & Cooking Soya Flour Defatted Soy Flour
Baking & Cooking Corn Starch Corn Starch
Baking & Cooking Brown Rice Flour Brown Rice Flour
Baking & Cooking Corn Flour Maize Flour (Corn Flour, Lime)
Baking & Cooking Icing Sugar Icing Sugar(powdered sugar, May contain 2-3% Corn starch)

Bagels

Tapioca Rice Cinnamon Raisin Bagels

White Rice Flour, Water, Tapioca Starch, Raisins, Sugar, Whole Eggs, Palm Fruit Oil (Non Hydrogenated), Yeast, Dextrose, Poly Dextrose, Pea Protein, Modified Cornstarch, Cellulose, Sodium Carboxy Methylcellulose, Sunflower and/or Canola Oil(), Salt, Baking Powder, Glucono Delta Lactone, Xanthan Gum, Cinnamon, Vitamin Blend(Thiamine, Vitamin B2, Niacin, Folic Acid, Iron), Mono and Diglycerides, Guar Gum, Sodium Bicarbonate

Bagels

Tapioca Rice New York Style Plain Bagels

White Rice Flour, Water, Tapioca Starch, Sugar, Whole Eggs, Palm Fruit Oil (Non Hydrogenated), Yeast, Cellulose, Modified Cornstarch, Pea Protein, Sodium Carboxy Methylcellulose, Sunflower and/or Canola Oil, Salt, Glucono Delta Lactone, Baking Powder, Xanthan Gum, Vitamin Blend(Thiamine, Vitamin B2, Niacin, Folic Acid, Iron), Mono and Diglycerides, Guar Gum, Sodium Bicarbonate

Bagels

Tapioca Rice Sesame Bagels

White Rice Flour, Water, Tapioca Starch, Sugar, Whole Eggs, Palm Fruit Oil (Non Hydrogenated), Yeast, Sesame Seeds, Pea Protein, Modified Cornstarch, Cellulose, Sunflower Oil (May Contain Sunflower and/or Canola Oil), Salt, Glucono Delta Lactone, Sodium Carboxy Methylcellulose, KinnActive Baking Powder, Xanthan Gum, Mono and Diglycerides, Vitamin Blend(Thiamine, Vitamin B2, Niacin, Folic Acid, Iron), Sodium Bicarbonate, Guar Gum

Cookies

Graham Style KinniKritter Animal Cookies

Pea Starch, non Hydrogenated Shortening(Palm Fruit or Canola), Potato Starch, Brown Rice Flour, Brown Sugar, Sweet Rice Flour, Tapioca Starch, Water, Rice Bran, Sugar, Blackstrap Molasses, Honey, Invert Sugar, Vanilla Flavor, Salt, Sodium Bicarbonate, Pea Protein, Pea Fibre, Guar Gum, Inulin, Soy Lecithin, Mono Calcium Phosphate

Cookies

KinniToos Fudge Sandwich Creme Cookies

Icing(Icing Sugar, (powdered sugar, may contain 2-3% corn starch), non Hydrogenated Shortening(Palm Fruit or Canola), Cocoa Powder, Soy Lecithin, Vanilla Extract, Salt), Sugar, Pea Starch, Potato Starch, non Hydrogenated Shortening(Palm Fruit or Canola), White Rice Flour, Cocoa Powder, Water, Tapioca Starch, Glucose, Pea Protein, Sodium Carboxy Methylcellulose, Salt, Pea Fibre, Vanilla Extract, Caramel colour, Guar Gum, Inulin, Sodium Bicarbonate, Soy Lecithin

Cookies

Chocolate KinniKritter Animal Cookies

Sugar, Pea Starch, Potato Starch, non Hydrogenated Shortening(Palm Fruit or Canola), White Rice Flour, Water, Tapioca Starch, Icing Sugar, (powdered sugar, may contain 2-3% corn starch), Glucose, Cocoa Powder, Cocoa Powder, (processed with alkalai), Pea Protein, Sodium Carboxy Methylcellulose, Salt, Vanilla Flavor, Pea Fibre, Caramel colour, Guar Gum, Inulin, Soy Lecithin, Sodium Bicarbonate

Cookies

S'moreables Graham Style Crackers

Pea Starch, Non Hydrogenated Shortening(Palm Fruit and/or Canola), Potato Starch, Brown Rice Flour, Brown Sugar, Sweet Rice Flour, Tapioca Starch, Water, Rice Bran, Sugar, Blackstrap Molasses, Honey, Glucose, Vanilla, Salt, Sodium Bicarbonate, Pea Protein, Pea Fibre, Guar Gum, Inulin, Soy Lecithin, Mono Calcium Phosphate

Cookies

KinniKritters Animal Cookies

Sugar, Pea Starch, Potato Starch, non Hydrogenated Shortening (Palm Fruit and/or Canola), White Rice Flour, Tapioca Starch, Water, Glucose, Pea Protein, Sodium Carboxy Methylcellulose, Vanilla, Salt, Pea Fibre, Guar Gum, Inulin, Sodium Bicarbonate, Soy Lecithin

Cookies

KinniToos Chocolate Vanilla Sandwich Cookies

Icing(Icing Sugar(may contain 2-3% corn starch), Non Hydrogenated Shortening(Palm Fruit and/or Canola), Vanilla Flavor, Soy Lecithin, Salt), Sugar, Pea Starch, Potato Starch, Palm Fruit Oil (Non Hydrogenated), White Rice Flour, Cocoa Powder, Water, Tapioca Starch, Glucose, Pea Protein, Sodium Carboxy Methylcellulose, Salt, Pea Fibre, Vanilla Flavor, Caramel colour, Guar Gum, Inulin, Sodium Bicarbonate, Soy Lecithin

Cookies

KinniToos Vanilla Sandwich Creme Cookies

Icing(Icing Sugar(may contain 2-3% corn starch), Non Hydrogenated Shortening (Palm Fruit Oil and/or Canola), Vanilla Flavor, Soy Lecithin, Salt), Sugar, Pea Starch, Potato Starch, Non Hydrogenated Shortening (Palm Fruit or Canola), White Rice Flour, Water, Tapioca Starch, Glucose, Pea Protein, Sodium Carboxy Methylcellulose, Salt, Vanilla, Pea Fibre, Guar Gum, Inulin, Sodium Bicarbonate, Soy Lecithin

Cookies

Ginger Snap Cookies

Sugar, White Rice Flour, Potato Starch, non Hydrogenated Shortening (Palm Fruit or Canola), Whole Eggs, Tapioca Starch, Molasses, Ginger, Salt, Sodium Bicarbonate, Guar Gum, Sodium Carboxy Methylcellulose, Cinnamon, Allspice

Cookies

Montanas Chocolate Chip Cookies

Chocolate Chips(sugar, chocolate liquor, cocoa butter, soya lecithin, vanilla extract), non Hydrogenated Shortening (Palm Fuirt or Canola), Sugar, Pea Starch, Brown Sugar, Whole Eggs, White Rice Flour, Potato Starch, Water, Salt, Vanilla Flavor, Pea Protein, Sodium Carboxy Methylcellulose, Sodium Bicarbonate, Pea Fibre, KinnActive Baking Powder, Guar Gum, Inulin

Desserts

Tapioca Rice Cinnamon Buns

Water, White Rice Flour, Brown Sugar, Whole Eggs, Glaze(Brown sugar, water, rice flour, tapioca starch, cinnamon, potato starch, xanthan gum, salt), Potato Starch, Sunflower and/or Canola Oil, Pea Starch, Tapioca Starch, Sugar, Yeast, Whole Egg Powder, Icing(sugar, water, glucose, cream of tartar), Malto Dextrin, Xanthan Gum, Dextrose, Pea Protein, Poly Dextrose, Fructooligosaccharide, Egg White Powder, Glucono Delta Lactone, Guar Gum, Pea Fibre, Cinnamon, Sodium Carboxy Methylcellulose, Cellulose, Sodium Bicarbonate, Salt, Inulin, Mono and Diglycerides, Sodium Stearoyl Lactylate, Fructose

Desserts


JB Brownie Squares

Sugar, Whole Eggs, Pea Starch, non Hydrogenated Shortening(Palm Fruit or Canola), Brown Sugar, Cocoa Powder, Tapioca Starch, Dextrose, Vanilla Extract, Pea Protein, Fructose, Sodium Carboxy Methylcellulose, Salt, Pea Fibre, KinnActive Baking Powder, Inulin

Desserts

Fruit Cake

Raisins, Bun Mix(Rutabaga, glucose-fructose, cornsyrup, citric acid, artificial colors[FDC Red40, FDC Yellow 5, FDC Blue1], flavor, sodium benzoate, sulfur dioxide), Applesauce(90), Whole Eggs, Honey, Brown Sugar, non Hydrogenated Shortening(Palm Fruit or Canola), Pea Starch, Glazed Cherries(Cherries, corn syrup, glucose, fructose, sodium benzoate, citric acid, artificial flavour, color, sulphur dioxide CONTAINS SULPHITES), Glazed Fruit, (Cherries, corn syrup, glucose, fructose, sodium benzoate, citric acid, artificial flavour, color, sulphur dioxide CONTAINS SULPHITES), White Rice Flour, Potato Starch, Tapioca Starch, Water, Vanilla Flavor, Cinnamon, Blackstrap Molasses, Sodium Carboxy Methylcellulose, Pea Protein, Salt, Pea Fibre, Guar Gum, Inulin



 Free Of Wheat and Gluten - Always!

Free Of Casein	Free Of Yeast	Free Of Sugar	Free Of Soy	Free Of Eggs	Free Of Corn	Free Of Nuts	Free Of Potato
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Kinnikinnick Foods Ingredient Summary

Updated: 08/03/2010 | 8:33 AM


Free Of
Wheat
and
Gluten -
Always!

Free Of	Free Of	Free Of	Free Of	Free Of	Free Of	Free Of	Free Of	Free Of
Casein	Yeast	Sugar	Soy	Eggs	Corn	Nuts	Potato	

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Donuts

Chocolate Dipped Donuts

Icing(Sugar, water, glucose, cocoa powder), Sugar, White Rice Flour, Tapioca Starch, Water, Whole Eggs, Sweet Rice Flour, non Hydrogenated Shortening(Palm Fruit or Canola), Fructooligosaccharide, Yeast, Pea Protein, Egg Whites, Xanthan Gum, Fruit Concentrate(dextrose, dextrin, fiber), Salt, Rice Bran Extract, Cellulose, KinnActive Baking Powder, Glucono Delta Lactone, Sodium Bicarbonate, Nutmeg

Donuts

Cinnamon Sugar Donuts

Sugar, white rice flour, tapioca starch, cinnamon coating (sugar, cinnamon), water, whole eggs, sweet rice flour, palm fruit oil (non hydrogenated), fructooligosaccharide, yeast, pea protein, egg whites, xanthan gum, fruit concentrate from grapes (dextrose, dextrin, fiber), salt, rice bran extract, cellulose, KinnActive (tm) Baking powder (sodium acid pyrophosphate, sodium bicarbonate, pea starch, mono calcium phosphate) glucono delta lactone, sodium bicarbonate, nutmeg

Donuts

Maple Glazed Donuts

Icing (sugar, water, glucose, caramel color(corn source), maple flavor (natural flavor, propolyne glycol, water), sugar, white rice flour, tapioca starch, water, whole eggs, sweet rice flour, non hydrogenated shortening (palm fruit or canola), fructooligosaccharide, yeast, pea protein, egg whites, xanthan gum, fruit concentrate(dextrose, dextrin, fibre), salt, rice bran extract, cellulose, KinnActive Baking Powder, glucono delta lactone, sodium bicarbonate, nutmeg

Donuts

Vanilla Glazed Donuts

Icing (sugar, water, glucose, vanilla), Sugar, White Rice Flour, Tapioca Starch, Water, Whole Eggs, Sweet Rice Flour, Palm Fruit Oil (non hydrogenated), Fructooligosaccharide, Yeast, Pea Protein, Egg Whites, Xanthan Gum, Fruit Concentrate (dextrose, dextrin, fibre), Salt, Rice Bran Extract, Cellulose, KinnActive Baking Powder (sodium acid pyrophosphate, sodium bicarbonate, pea starch, mono calcium phosphate), Glucono Delta Lactone, Sodium Bicarbonate, Nutmeg

Muffins

Blueberry Muffins

Blueberries, White Rice Flour, Sunflower and/or Canola Oil, Sugar, , Whole Eggs, Fructose, Potato Starch, Water, Tapioca Starch, Glucose, Cellulose, Dextrose, Salt, KinnActive Baking Powder, Pea Protein, Sodium Carboxy Methylcellulose

Muffins

Carrot Muffins

Pineapple (pineapple, Pineapple juice, citric acid), Sugar, Carrots, Pea Starch, Sunflower and/or Canola Oil(), Whole Eggs, Coconut (coconut, Sodium metabisulphate), Tapioca Starch, Salt, Sodium Bicarbonate, Pea Protein, Sodium Carboxy Methylcellulose, Pea Fibre, Vanilla Flavor, Cinnamon, Inulin

Muffins

Chocolate Chip Muffins

Chocolate Chips(sugar, chocolate liquor, cocoa butter, soya lecithin, vanilla extract), White Rice Flour, Sunflower and/or Canola Oil, Sugar, Water, Whole Eggs, Fructose, Potato Starch, Tapioca Starch, Glucose, Cellulose, Dextrose, Salt, KinnActive Baking Powder, Pea Protein, Sodium Carboxy Methylcellulose

Snack Items

Lemon Poppy Seed Jumbo Muffin

Pea Starch, Sunflower and/or Canola Oil, Sugar, Whole Eggs, Water, Tapioca Starch, Poppy Seeds, Pea Protein, Salt, Sodium Carboxy Methylcellulose, Pea Fibre, KinnActive Baking Powder, Sodium Bicarbonate, Lemon Oil, Inulin

Snack Items

Harvest Crunch Jumbo Muffin

Sunflower and/or Canola Oil, Pea Starch, Whole Eggs, Sugar, Water, Sunflower Seeds, Tapioca Starch, Flax Meal, Sesame Seeds, Pea Protein, Salt, Sodium Carboxy Methylcellulose, Pea Fibre, KinnActive Baking Powder, Vanilla Extract, Sodium Bicarbonate, Inulin

Snack Items

Chocolate Lovers Jumbo Muffin

Sunflower and/or Canola Oil, , Whole Eggs, Water, Pea Starch, Sugar, Chocolate Chips, (sugar, chocolate liquor, cocoa butter, soya lecithin, vanilla extract), Tapioca Starch, Cocoa Powder, Pea Protein, Salt, Sodium Carboxy Methylcellulose, Vanilla Extract, Pea Fibre, KinnActive Baking Powder, Sodium Bicarbonate, Inulin

Pizza

Personal Size Pizza Crust

Sweet Rice Flour, Water, Tapioca Starch, Whole Eggs, Sunflower and/or Canola Oil, Sugar, Dextrose, Cellulose, Yeast, Pea Protein, Sodium Carboxy Methylcellulose, Salt, Corn Meal

Pizza

Pizza Crust - 10 inch

Water, Sweet Rice Flour, Tapioca Starch, Whole Eggs, Corn Starch, Sunflower and/or Canola Oil(), Sugar, Yeast, Sodium Carboxy Methylcellulose, Salt, Vitamin Blend(Thiamine, Vitamin B2, Niacin, Folic Acid, Iron)

								
Free Of	Free Of	Free Of	Free Of	Free Of	Free Of	Free Of	Free Of	Free Of
Wheat	Casein	Yeast	Sugar	Soy	Eggs	Corn	Nuts	Potato
and								
Gluten -								
Always!								

Ingredients Subject To Change Without Notice
Allergy Alert: Kinnikinnick Products are produced in a facility that uses Soy, Eggs and Sesame Seeds.
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