

# Kinnikinnick Foods Free Of Quick Reference



All Kinnikinnick products are **Gluten Free and Nut Free** and are produced in Dedicated Gluten and Nut Free Facilities. Kinnikinnick Products contain no Wheat, Barley, Rye, Oats, Peanuts or Tree Nuts.

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## Breads

White Sandwich Bread	Free Of	DAIRY	HAS YEAST	HAS SUGAR	Free Of	SOY	HAS EGGS	HAS CORN	Free Of	NUTS	HAS POTATO
Brown Sandwich Bread	Free Of	DAIRY	HAS YEAST	HAS SUGAR	Free Of	SOY	HAS EGGS	HAS CORN	Free Of	NUTS	HAS POTATO
Many Wonder Multigrain Rice Bread	Free Of	DAIRY	HAS YEAST	HAS SUGAR	Free Of	SOY	HAS EGGS	HAS CORN	Free Of	NUTS	HAS POTATO
Tapioca Rice Bread	Free Of	DAIRY	HAS YEAST	HAS SUGAR	Free Of	SOY	HAS EGGS	HAS CORN	Free Of	NUTS	Free Of
Raisin Tapioca Rice Bread	Free Of	DAIRY	HAS YEAST	HAS SUGAR	Free Of	SOY	HAS EGGS	HAS CORN	Free Of	NUTS	Free Of
Cheese Tapioca Rice Bread	HAS	DAIRY	HAS YEAST	HAS SUGAR	Free Of	SOY	HAS EGGS	HAS CORN	Free Of	NUTS	HAS POTATO
Robins Honey Brown Rice Bread	Free Of	DAIRY	HAS YEAST	HAS SUGAR	Free Of	SOY	Free Of	EGGS	Free Of	CORN	Free Of
Italian White Tapioca Rice Bread	Free Of	DAIRY	HAS YEAST	HAS SUGAR	Free Of	SOY	HAS EGGS	HAS CORN	Free Of	NUTS	HAS POTATO
Sunflower Flax Rice Bread	Free Of	DAIRY	HAS YEAST	HAS SUGAR	Free Of	SOY	Free Of	EGGS	Free Of	CORN	Free Of
Festive Bread	Free Of	DAIRY	HAS YEAST	HAS SUGAR	Free Of	SOY	HAS EGGS	HAS CORN	Free Of	NUTS	HAS POTATO

## Yeast Free Breads

Candadi Yeast Free Multigrain Rice Bread	Free Of	DAIRY	Free Of	YEAST	Free Of	SUGAR	Free Of	SOY	HAS	EGGS	Free Of	CORN	Free Of	NUTS	Free Of	POTATO
Yeast Free Tapioca Bread	Free Of	DAIRY	Free Of	YEAST	HAS	SUGAR	Free Of	SOY	HAS	EGGS	HAS	CORN	Free Of	NUTS	HAS	POTATO

## Buns

Tapioca Rice English Muffins	Free Of	DAIRY	HAS YEAST	HAS SUGAR	Free Of	SOY	HAS EGGS	HAS CORN	Free Of	NUTS	HAS POTATO
Tapioca Rice Hot Cross Buns	Free Of	DAIRY	HAS YEAST	HAS SUGAR	Free Of	SOY	HAS EGGS	HAS CORN	Free Of	NUTS	HAS POTATO
Tapioca Rice Hamburger Buns	Free Of	DAIRY	HAS YEAST	HAS SUGAR	Free Of	SOY	HAS EGGS	HAS CORN	Free Of	NUTS	Free Of
Tapioca Rice Hot Dog Buns	Free Of	DAIRY	HAS YEAST	HAS SUGAR	HAS	SOY	HAS EGGS	HAS CORN	Free Of	NUTS	Free Of
Tapioca Rice Tray Buns	Free Of	DAIRY	HAS YEAST	HAS SUGAR	HAS	SOY	HAS EGGS	HAS CORN	Free Of	NUTS	HAS POTATO

## Mixes

Kinni-Kwik Bread & Bun Mix	Free Of	DAIRY	Free Of	YEAST	HAS	SUGAR	Free Of	SOY	HAS	EGGS	HAS	CORN	Free Of	NUTS	HAS	POTATO
Pancake & Waffle Mix	Free Of	DAIRY	Free Of	YEAST	HAS	SUGAR	HAS	SOY	HAS	EGGS	HAS	CORN	Free Of	NUTS	Free Of	POTATO
White Cake Mix	Free Of	DAIRY	Free Of	YEAST	HAS	SUGAR	Free Of	SOY	Free Of	EGGS	Free Of	CORN	Free Of	NUTS	HAS	POTATO
All Purpose Mix	Free Of	DAIRY	Free Of	YEAST	HAS	SUGAR	Free Of	SOY	HAS	EGGS	HAS	CORN	Free Of	NUTS	HAS	POTATO
Cookie Mix	Free Of	DAIRY	Free Of	YEAST	Free Of	SUGAR	HAS	SOY	Free Of	EGGS	Free Of	CORN	Free Of	NUTS	HAS	POTATO
Muffin Mix	Free Of	DAIRY	Free Of	YEAST	HAS	SUGAR	HAS	SOY	Free Of	EGGS	Free Of	CORN	Free Of	NUTS	HAS	POTATO
Pizza Crust Mix	Free Of	DAIRY	Free Of	YEAST	Free Of	SUGAR	Free Of	SOY	Free Of	EGGS	HAS	CORN	Free Of	NUTS	Free Of	POTATO
Angel Food Cake Mix	Free Of	DAIRY	Free Of	YEAST	HAS	SUGAR	Free Of	SOY	Free Of	EGGS	Free Of	CORN	Free Of	NUTS	HAS	POTATO
Cornbread and Muffin Mix	Free Of	DAIRY	Free Of	YEAST	HAS	SUGAR	HAS	SOY	Free Of	EGGS	HAS	CORN	Free Of	NUTS	Free Of	POTATO
Kinni-Kwik Sunflower Flax Bread & Bun Mix	Free Of	DAIRY	Free Of	YEAST	HAS	SUGAR	Free Of	SOY	HAS	EGGS	HAS	CORN	Free Of	NUTS	Free Of	POTATO
Sponge Cake Mix	Free Of	DAIRY	Free Of	YEAST	Free Of	SUGAR	Free Of	SOY	Free Of	EGGS	Free Of	CORN	Free Of	NUTS	HAS	POTATO
Candadi Yeast Free Rice Bread Mix	Free Of	DAIRY	Free Of	YEAST	Free Of	SUGAR	Free Of	SOY	Free Of	EGGS	HAS	CORN	Free Of	NUTS	Free Of	POTATO
Crispy Chicken Coating Mix	Free Of	DAIRY	Free Of	YEAST	HAS	SUGAR	HAS	SOY	Free Of	EGGS	HAS	CORN	Free Of	NUTS	Free Of	POTATO
Tapioca Rice Bread Mix	Free Of	DAIRY	Free Of	YEAST	HAS	SUGAR	Free Of	SOY	Free Of	EGGS	HAS	CORN	Free Of	NUTS	Free Of	POTATO
Chocolate Cake Mix	Free Of	DAIRY	Free Of	YEAST	HAS	SUGAR	Free Of	SOY	Free Of	EGGS	Free Of	CORN	Free Of	NUTS	HAS	POTATO
Pastry & Pie Crust Mix	Free Of	DAIRY	Free Of	YEAST	Free Of	SUGAR	HAS	SOY	Free Of	EGGS	HAS	CORN	Free Of	NUTS	HAS	POTATO

## Breakfast Items

Cinnamon and Brown Sugar Homestyle Waffles	Free Of	DAIRY	Free Of	YEAST	HAS	SUGAR	Free Of	SOY	HAS	EGGS	HAS	CORN	Free Of	NUTS	Free Of	POTATO
Original Homestyle Waffles	Free Of	DAIRY	Free Of	YEAST	HAS	SUGAR	Free Of	SOY	HAS	EGGS	HAS	CORN	Free Of	NUTS	Free Of	POTATO
KinniKrisp Rice Cereal	Free Of	DAIRY	Free Of	YEAST	HAS	SUGAR	Free Of	SOY	Free Of	EGGS	HAS	CORN	Free Of	NUTS	Free Of	POTATO

## Baking & Cooking

Panko Style Bread Crumbs	Free Of	DAIRY	HAS YEAST	HAS SUGAR	Free Of	SOY	HAS EGGS	Free Of	CORN	Free Of	NUTS	Free Of	POTATO			
Graham Style Cracker Crumbs	Free Of	DAIRY	Free Of	YEAST	HAS	SUGAR	HAS	SOY	Free Of	EGGS	Free Of	CORN	Free Of	NUTS	HAS	POTATO
All Purpose Celiac Flour	Free Of	DAIRY	Free Of	YEAST	Free Of	SUGAR	Free Of	SOY	Free Of	EGGS	Free Of	CORN	Free Of	NUTS	HAS	POTATO
Bread Cubes	Free Of	DAIRY	HAS YEAST	HAS SUGAR	Free Of	SOY	HAS EGGS	HAS CORN	Free Of	NUTS	HAS POTATO					
Chocolate Cookie Crumbs	Free Of	DAIRY	Free Of	YEAST	HAS	SUGAR	HAS	SOY	Free Of	EGGS	HAS	CORN	Free Of	NUTS	HAS	POTATO
KinnActive Baking Powder	Free Of	DAIRY	Free Of	YEAST	Free Of	SUGAR	Free Of	SOY	Free Of	EGGS	Free Of	CORN	Free Of	NUTS	Free Of	POTATO
White Rice Flour	Free Of	DAIRY	Free Of	YEAST	Free Of	SUGAR	Free Of	SOY	Free Of	EGGS	Free Of	CORN	Free Of	NUTS	Free Of	POTATO
Sweet Rice Flour	Free Of	DAIRY	Free Of	YEAST	Free Of	SUGAR	Free Of	SOY	Free Of	EGGS	Free Of	CORN	Free Of	NUTS	Free Of	POTATO

Free Of  
Wheat and Gluten - Always!  
Free Of Casein  
Free Of Yeast  
Free Of Sugar  
Free Of Soy  
Free Of Eggs  
Free Of Corn  
Free Of Nuts  
Free Of Potato

*Ingredients Subject To Change Without Notice*  
**Allergy Alert: Kinnikinnick Products are produced in a facility that uses Soy, Eggs and Sesame Seeds. Intended as a guide only. Please read allergen warning and full ingredients. www.kinnikinnick.com - 1-877-503-4466**  
Page 1

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Corn Meal	Free Of	DAIRY	Free Of	YEAST	Free Of	SUGAR	Free Of	SOY	Free Of	EGGS	HAS	CORN	Free Of	NUTS	Free Of	POTATO
Potato Starch	Free Of	DAIRY	Free Of	YEAST	Free Of	SUGAR	Free Of	SOY	Free Of	EGGS	Free Of	CORN	Free Of	NUTS	HAS	POTATO
Tapioca Starch	Free Of	DAIRY	Free Of	YEAST	Free Of	SUGAR	Free Of	SOY	Free Of	EGGS	Free Of	CORN	Free Of	NUTS	Free Of	POTATO
Rice Bran	Free Of	DAIRY	Free Of	YEAST	Free Of	SUGAR	Free Of	SOY	Free Of	EGGS	Free Of	CORN	Free Of	NUTS	Free Of	POTATO
Xanthan Gum	Free Of	DAIRY	Free Of	YEAST	Free Of	SUGAR	Free Of	SOY	Free Of	EGGS	Free Of	CORN	Free Of	NUTS	Free Of	POTATO
Guar Gum	Free Of	DAIRY	Free Of	YEAST	Free Of	SUGAR	Free Of	SOY	Free Of	EGGS	Free Of	CORN	Free Of	NUTS	Free Of	POTATO
Soya Flour	Free Of	DAIRY	Free Of	YEAST	Free Of	SUGAR	HAS	SOY	Free Of	EGGS	Free Of	CORN	Free Of	NUTS	Free Of	POTATO
Corn Starch	Free Of	DAIRY	Free Of	YEAST	Free Of	SUGAR	Free Of	SOY	Free Of	EGGS	HAS	CORN	Free Of	NUTS	Free Of	POTATO
Brown Rice Flour	Free Of	DAIRY	Free Of	YEAST	Free Of	SUGAR	Free Of	SOY	Free Of	EGGS	Free Of	CORN	Free Of	NUTS	Free Of	POTATO
Corn Flour	Free Of	DAIRY	Free Of	YEAST	Free Of	SUGAR	Free Of	SOY	Free Of	EGGS	HAS	CORN	Free Of	NUTS	Free Of	POTATO
Icing Sugar	Free Of	DAIRY	Free Of	YEAST	HAS	SUGAR	Free Of	SOY	Free Of	EGGS	HAS	CORN	Free Of	NUTS	Free Of	POTATO

## Bagels

Tapioca Rice Cinnamon Raisin Bagels	Free Of	DAIRY	HAS	YEAST	HAS	SUGAR	Free Of	SOY	HAS	EGGS	HAS	CORN	Free Of	NUTS	Free Of	POTATO
Tapioca Rice New York Style Plain Bagels	Free Of	DAIRY	HAS	YEAST	HAS	SUGAR	Free Of	SOY	HAS	EGGS	HAS	CORN	Free Of	NUTS	Free Of	POTATO
Tapioca Rice Sesame Bagels	Free Of	DAIRY	HAS	YEAST	HAS	SUGAR	Free Of	SOY	HAS	EGGS	HAS	CORN	Free Of	NUTS	Free Of	POTATO

## Cookies

Graham Style KinniKritter Animal Cookies	Free Of	DAIRY	Free Of	YEAST	HAS	SUGAR	HAS	SOY	Free Of	EGGS	HAS	CORN	Free Of	NUTS	HAS	POTATO
KinniToos Fudge Sandwich Creme Cookies	Free Of	DAIRY	Free Of	YEAST	HAS	SUGAR	HAS	SOY	Free Of	EGGS	HAS	CORN	Free Of	NUTS	HAS	POTATO
Chocolate KinniKritter Animal Cookies	Free Of	DAIRY	Free Of	YEAST	HAS	SUGAR	HAS	SOY	Free Of	EGGS	HAS	CORN	Free Of	NUTS	HAS	POTATO
S'moreables Graham Style Crackers	Free Of	DAIRY	Free Of	YEAST	HAS	SUGAR	HAS	SOY	Free Of	EGGS	HAS	CORN	Free Of	NUTS	HAS	POTATO
KinniKritters Animal Cookies	Free Of	DAIRY	Free Of	YEAST	HAS	SUGAR	HAS	SOY	Free Of	EGGS	HAS	CORN	Free Of	NUTS	HAS	POTATO
KinniToos Chocolate Vanilla Sandwich Cookies	Free Of	DAIRY	Free Of	YEAST	HAS	SUGAR	HAS	SOY	Free Of	EGGS	HAS	CORN	Free Of	NUTS	HAS	POTATO
KinniToos Vanilla Sandwich Creme Cookies	Free Of	DAIRY	Free Of	YEAST	HAS	SUGAR	HAS	SOY	Free Of	EGGS	HAS	CORN	Free Of	NUTS	HAS	POTATO
Ginger Snap Cookies	Free Of	DAIRY	Free Of	YEAST	HAS	SUGAR	Free Of	SOY	HAS	EGGS	Free Of	CORN	Free Of	NUTS	HAS	POTATO
Montanas Chocolate Chip Cookies	Free Of	DAIRY	Free Of	YEAST	HAS	SUGAR	HAS	SOY	HAS	EGGS	Free Of	CORN	Free Of	NUTS	HAS	POTATO

## Desserts

Tapioca Rice Cinnamon Buns	Free Of	DAIRY	HAS	YEAST	HAS	SUGAR	Free Of	SOY	HAS	EGGS	HAS	CORN	Free Of	NUTS	HAS	POTATO
JB Brownie Squares	Free Of	DAIRY	Free Of	YEAST	HAS	SUGAR	HAS	SOY	HAS	EGGS	HAS	CORN	Free Of	NUTS	Free Of	POTATO
Fruit Cake	Free Of	DAIRY	Free Of	YEAST	HAS	SUGAR	Free Of	SOY	HAS	EGGS	HAS	CORN	Free Of	NUTS	HAS	POTATO

## Donuts

Chocolate Dipped Donuts	Free Of	DAIRY	HAS	YEAST	HAS	SUGAR	Free Of	SOY	HAS	EGGS	HAS	CORN	Free Of	NUTS	Free Of	POTATO
Cinnamon Sugar Donuts	Free Of	DAIRY	HAS	YEAST	HAS	SUGAR	Free Of	SOY	HAS	EGGS	Free Of	CORN	Free Of	NUTS	Free Of	POTATO
Maple Glazed Donuts	Free Of	DAIRY	HAS	YEAST	HAS	SUGAR	Free Of	SOY	HAS	EGGS	HAS	CORN	Free Of	NUTS	Free Of	POTATO
Vanilla Glazed Donuts	Free Of	DAIRY	HAS	YEAST	HAS	SUGAR	Free Of	SOY	HAS	EGGS	HAS	CORN	Free Of	NUTS	Free Of	POTATO

## Muffins

Blueberry Muffins	Free Of	DAIRY	Free Of	YEAST	HAS	SUGAR	Free Of	SOY	HAS	EGGS	HAS	CORN	Free Of	NUTS	HAS	POTATO
Carrot Muffins	Free Of	DAIRY	Free Of	YEAST	HAS	SUGAR	Free Of	SOY	HAS	EGGS	Free Of	CORN	Free Of	NUTS	Free Of	POTATO
Chocolate Chip Muffins	Free Of	DAIRY	Free Of	YEAST	HAS	SUGAR	HAS	SOY	HAS	EGGS	HAS	CORN	Free Of	NUTS	HAS	POTATO

## Snack Items

Lemon Poppy Seed Jumbo Muffin	Free Of	DAIRY	Free Of	YEAST	HAS	SUGAR	Free Of	SOY	HAS	EGGS	Free Of	CORN	Free Of	NUTS	Free Of	POTATO
Harvest Crunch Jumbo Muffin	Free Of	DAIRY	Free Of	YEAST	HAS	SUGAR	Free Of	SOY	HAS	EGGS	Free Of	CORN	Free Of	NUTS	Free Of	POTATO
Chocolate Lovers Jumbo Muffin	Free Of	DAIRY	Free Of	YEAST	HAS	SUGAR	HAS	SOY	HAS	EGGS	Free Of	CORN	Free Of	NUTS	Free Of	POTATO

## Pizza

Personal Size Pizza Crust	Free Of	DAIRY	HAS	YEAST	HAS	SUGAR	Free Of	SOY	HAS	EGGS	HAS	CORN	Free Of	NUTS	Free Of	POTATO
Pizza Crust - 10 inch	Free Of	DAIRY	HAS	YEAST	HAS	SUGAR	Free Of	SOY	HAS	EGGS	HAS	CORN	Free Of	NUTS	Free Of	POTATO

Free Of  
Wheat  
and  
Gluten -  
Always!

Free Of  
Casein

Free Of  
Yeast

Free Of  
Sugar

Free Of  
Soy

Free Of  
Eggs

Free Of  
Corn

Free Of  
Nuts

Free Of  
Potato

*Ingredients Subject To Change Without Notice*  
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Page 2